



The *Nabilan* Prevention Toolkit

INTRODUCTION

Updated October 2016

This Toolkit aims to be a practical and informative guide for anyone working on the prevention of violence against women and children in Timor-Leste. This Toolkit will also assist programs across other sectors that want to incorporate a more gender-sensitive approach into their programming. The contents of this Toolkit draw on the learnings of the *Nabilan* Program and our partners, as well as on learnings and best practices from around the world.

The Toolkit contains:

- **Introduction sheet**
- Fact Sheet 1: **Best practice in preventing violence against women**
- Fact Sheet 2: **Theories of change for preventing violence against women**
- Fact Sheet 3: **Community-led approaches to preventing violence against women**
- Fact Sheet 4: **An evidence-based and multi-sectoral approach to preventing violence against women in Timor-Leste**
- Fact Sheet 5: **Evidence-based recommendations for ending violence against women in Timor-Leste**
- Fact Sheet 6: **What can you do to prevent violence against women and children?**
- Fact Sheet 7: **Monitoring and evaluation tools**
- Fact Sheet 8: **Glossary of key terms on the prevention of violence against women and children**
- Fact Sheet 9: **Key resources on the prevention of violence against women and children**
- Poster: **Referral network of service providers**
- Presentation: **Training on gender-sensitivity and violence prevention (electronic version only – please contact us for file)**

The Toolkit is designed to inspire collaboration, improve understanding, encourage critical thinking, increase effectiveness, and promote transformative action among programs to prevent violence against women and children in Timor-Leste.

This Toolkit is not intended to be a static resource but, rather, one that is regularly updated and improved – as such, we warmly welcome feedback and suggestions on how this Toolkit can be more effective, relevant, and user-friendly.

The *Nabilan* Program is an innovative initiative targeting violence against women and children in Timor-Leste. The Program, which has been generously funded by the Australian Government, operates through three core pillars: prevention, services and support, and access to justice, with a research, monitoring and evaluation component running across all of the pillars. The overall goal of the Program is to reduce the proportion of women who experience violence, and to better meet the needs of women and children affected by violence.

To find out more about the *Nabilan* Program, contact Team Leader, Sophia Cason at sophia.cason@asiafoundation.org or on +670 331 3457. To read our other knowledge products, visit: <http://asiafoundation.org/tag/nabilan/>.